

**Mariposas Facilitator Training**

**WHAT** Mariposas is a support group for families with loved ones suffering an addiction.

The workshop will equip ministers to lead a Mariposas Support Group in their parish.

Content will include information on addiction and practice in ways to:

1. Get loved ones to reduce or eliminate substance abuse behaviors

2. Get resistant loved ones into substance abuse treatment

3. Decrease depression, anxiety, & anger in families who struggle with this disease.

**WHO**Adults, 18 years and older, with pastor approval

**WHEN** Saturday, February 9, 9:00 AM to 4:00 PM

**WHERE** Parish Hall,San Juan Bautista, Ohkay Owingeh Pueblo, New Mexico

**WITH** Ms. Cathy Alarid, founder of Mariposa; Mr. Brian Serna, LPCC, LADAC, of Serna Solutions in Santa Fe.

**To register, call** the Family Life Office at **505-831-8117 or email the office at** [**yduran@archdosf.org**](mailto:yduran@archdosf.org) **before Wednesday, February 6, 2019**.

Lunch will be provided, compliments of: **The ASF Annual Catholic Appeal and the Catholic Foundation**