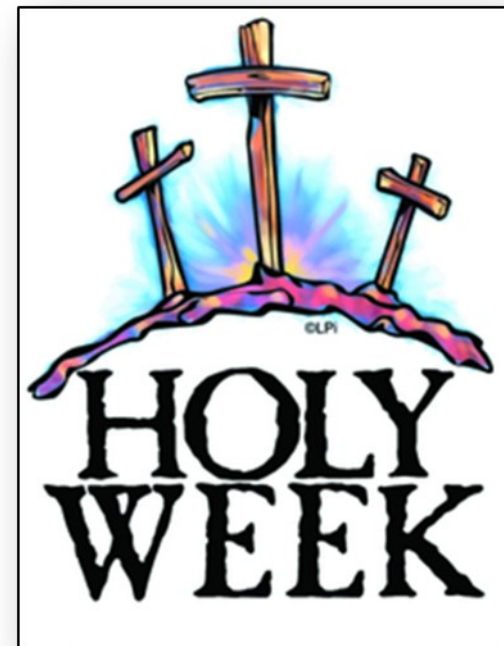


**Archdiocese of Santa Fe
Youth, Young Adult**

&

Campus Ministry



**Holy Week & Easter Season
Events & Activities**

Family Stations of the Cross

Place: Backyard

Supplies: Paper, Markers, tacks, a few copies of the Stations (for print out copy contact United States Catholic Conference of Bishops website)

Directions:

Write the one number and or title of each station on a paper.

Place the stations around your backyard in numerical order.

Volunteer(s) to read the stations

A volunteer(s) to carry a cross.

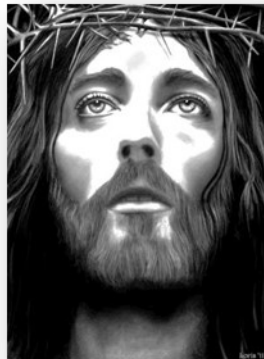
Select a time that would work for the entire family.

This is also very user friendly as a self-meditations

Begin once everyone is ready...

Note:

This prayer experience can be done on Good Friday or at any time. To continue this service you may follow up with a Good Friday traditional meal to be shared with your family.



Archdiocese Of Santa Fe Youth, Young Adult & Campus Ministry

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Please Note: We are not working in our office at this time so please email us if you have any questions. Information is posted on our website and facebook which is listed below

Youth Office Web Site: <http://www.asfym.org>

Instagram: [asf_young_adults](https://www.instagram.com/asf_young_adults)

Pinterest: <http://www.pinterest.com/asfyouth/>

Archdiocesan Web Site: www.archdiosf.org

YYACM: <https://www.facebook.com/ASFYouthYACM/>

Photo Challenges

Directions

Challenge 1: Show us your Sunday Prayer Centers tag us on IG @asf_young_adults or FB @ASFYouthYACM make sure to use #ASFSundayBest
Posted this Saturday, April 4th

Challenge 2: Show us what your family is doing to stay busy at home using #ASFStayingHome
Can be posted any time

Challenge 3: Show us a picture of your pet using #PetsofASF
Could be posted any time

Challenge 4: Show us your home office using #ASFWorkingFromHome
Could be posted any time

Challenge 5: What is God calling us to do during this time? Use #ASFGodsCall

Challenge 6: Show us your garden. Use #GardensAcrossASF
Will be posted tomorrow, April 3rd

Challenge 7: Share your Good Friday recipes using #GoodFridayMeal2020
Will be posted Thursday, April 9th

Share what parishes are doing to keep ministering to their people.

After Holy Week

***Note:** The Photo challenges will be weekly, announced the Friday before with the hashtag for the challenge and instructions on tagging us.



Family Rosary

Place: Living or family room, backyard or a place that is peaceful

Supplies:

Altar: Candles (1 or 2) Cross, and/or picture of Jesus, Blessed Mother Mary
Small table and Cloth for table

Rosaries- for all participants: Simple instructions on how to pray the rosary
(For print out copy contact United States Catholic Conference of Bishops website)

Directions:

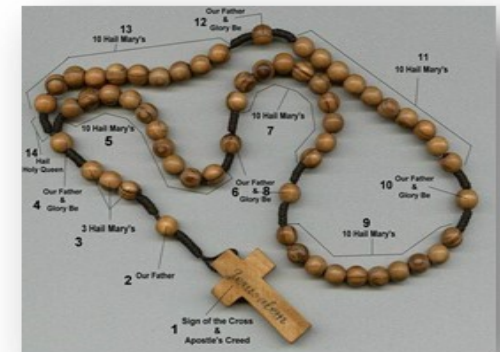
Prepare altar.

Schedule time for prayer

Volunteer (s) to pray the rosary. (Assign parts as needed)

Once everyone is ready and you are prepared to pray the rosary begin....

Note: This can be a daily family or single prayer experience.



Gratitude Reflection Prayer Service

Place: Living, family, dining room, backyard or a place that is peaceful

Supplies: pens, pencils, 4x4 note paper and basket

Directions:

- ♦ Select the place and time you would like to have your prayer service.
- ♦ Once place select prepare your area for the Next have each person write one to five thing (s) they are grateful for today.
- ♦ Fold each gratitude and place in the basket.
- ♦ Once you have prepared everything for the service it's time to begin....

During the service have each person take a turn to read one of the gratitude's. Take a few seconds to reflect on each gratitude. Continue the process until all have been read.

To conclude the service pray all together a Father, Hail Mary, Glory be & Sign of the Cross.

- Note:** This activity can be adjusted as a self-reflection. Take a few minutes and write one gratitude on each sticky note paper. Place gratitude's in a special place. Prayer center, refrigerator, poster, etc.) Take a minute to reflect on your gratitude's Saying your prayers and the end of the day. Keep gratitude's up and each



Social Media Resources

Activities for the Triduum

***Note:** These will be shared on our Social Media so people will be invited to like and follow for more activities*

Invite to participant in Holy Week Activities. User friendly.

Palm Sunday

Palm Sunday craft, hanging a green plant of any kind on the door where people can see it.

Choose any plant, fake or real

Tie them at the stem

Hang on front door

(Visit us on YouTube, Instagram, and Facebook for How To Video will be posted tomorrow, Saturday April 4)

Holy Thursday

Holy Thursday washing of the feet, you wash each other's feet.

You can have Mom or Dad or a sibling wash the feet. You can wash each other's feet.

Set up a small tub with water and a towel

Wash and dry each person's feet

Then do the readings for Thursday.

Good Friday

Virtual Stations of the Cross will be shared from Busted Halo

(<https://bustedhalo.com/video/virtual-stations-of-the-cross>) and Maryknoll (<https://maryknollogc.org/way-cross-economic-and-ecological-justice>) on Good Friday

This will be posted Monday, April 6th

Holy Saturday

do a bonfire or fire pit

do the readings and share stories

watch the virtual mass

Easter Sunday

tune into the church service, (<https://d2y1pz2y630308.cloudfront.net/17613/documents/2020/4/ASF%20Parish%20Live%20Stream%20Schedule.pdf>)

wear your Easter Sunday Best

schedule a virtual hang out

start a new Easter tradition,

make a special online offering to your parish,

make Easter cards and mail them to family and friends,

Make a classic Easter recipe.

Good Friday Tradition and Menu

This is an example of a New Mexican tradition, there are many and we invite you to celebrate or begin your own.

Directions

Invite family and friends to celebrate this meal at a time that will work for everyone
Invite different people to make one or more of the dishes listed below
Have fun with the environment decorating the table with small crosses, palm leaves, candles, purple napkins etc.
Invite people to read the reflection and lead the prayer

Traditional Good Friday Menu

Calabacitas
Spinach with beans
Macaroni (tomato based topped with cheese)
Mashed potatoes (topped with cheese)
Torta de huevo (in red chile)
Bread (rolls, tortillas)
Salmon patty, cake, roll
Dessert - Natillas and Sopa or Capirotada (bread pudding)

Begin your Good Friday Prayer Experience and Meal

Invite and welcome everyone to the table for the reflection and prayer before the meal

Reflection before the meal

All four of the Gospel's tell us about Jesus' betrayal, trial, suffering and death. This is what we call the Passion of our Lord. Through the Gospels we are invited to walk along and witness what Jesus went through. His love for us is shown in every step Jesus takes towards the Cross. Good Friday is a sad day because we see and feel the pain, sorrow and in the great sacrifice made for humanity and look forward to Holy Saturday when we will rejoice in the resurrection and power of God.

Grace- Bless us oh Lord.... (If your family has a special prayer you may use it at this time.)

Dinner Time: Enjoy your family!

Love Your Neighbor Activity

Invite the whole family for this fun and heartwarming activity! Write an encouraging note and bake something yummy to bring a smile to a neighbor in this time of isolation.
Find a recipe you would like to bake. (Cookies, brownies, cupcakes, really whatever you would like.)
Make sure you have baggies/ plastic container, plastic wrap to put the baked goods in. (You can use a permanent marker to draw a quick little picture on the baggies.)

Write a note to your neighbor along with a Bible verse to brighten their day and inspire them to look up the verse.

Do not be afraid;
do not be discouraged- Deuteronomy 31:8
You are stronger than you think- Philippians' 4:13



*Love your neighbor
- Matthew 22:39*

This is just an example.

You can be as creative or simple as you would like. We would love to hear about your experiences with this activity. Please share your pictures via emailing them to asfym@archdiosf.org or give us a like on FB @ASFYouthYACM or follow us on Instagram